



WHY SHOULD YOU HAVE AN ANNUAL PHYSICAL?

- Screen for diseases & health issues
- Assess risk of future medical problems
- Update medical history & more!



There are a number of Medical Clinics in Raymondville that you can go to and get a sports physical exam done. Make sure that you explain to the clinic upon registering that you are getting a sport physical since some clinics have a different charge rate for this exam. Below are a few clinics in Raymondville and their number:

Valley Family Clinic (956) 690-4012

Su Clinica Familiar (956) 689-5216

Neighborhood Doctor (956) 689-2493

Family Practice (956) 689-5506

Raymondville Family Medical Clinic (956) 689-2296

The sports physical packet can be downloaded from:

<https://goo.gl/Sz9i9b>